

VOLUNTEERING AT VIEW POINT HEALTH

View Point Health welcomes volunteers in many of our programs. As a Behavioral Health agency, we provide services to clients that are seeking a more fulfilling and rewarding life. The volunteer program at VPH is full of opportunities. We invite people of all backgrounds to participate in the endeavor to create a life of dignity for those with behavioral health concerns in the counties we serve. We open this invitation to people who have the desire to be of service to the VPH community and who have an open heart and mind.

Our volunteer program offers a wide range of experiences from unique friendships to life enriching cross-cultural encounters. The idea of having volunteers here at VPH is to support our staff members in areas that provide volunteers with a broad range of knowledge in the behavioral health field, Mental Health, Developmental Disabilities and Addictive Diseases.

People volunteer for a wide variety of reasons, especially because they want to help others. However, it's also OK to want some benefits for yourself from volunteering, such as:

- to share a skill
- to feel needed
- to get to know a community
- to demonstrate commitment to a cause/belief
- to gain leadership skills
- satisfaction from accomplishment
- to keep busy
- for recognition
- to have an impact
- to learn something new
- to explore a career
- to build your skills and resume
- to develop a career network
- to enhance your education
- because of personal experience with the problem, illness, or cause

All volunteers must submit to a Background Check and attend 5 days of training.

The following four programs accept volunteers:

1. VIEW POINT HEALTH CLUBHOUSE - LILBURN



The Clubhouse is a community based, family-centered, recovery support program designed to assist youth in overcoming drug and alcohol challenges. Youth are encouraged and empowered to make wise, informed decisions about their life and the use of alcohol and drugs. Recovery support services are provided to Clubhouse members and their families to promote satisfying and sober living. Individualized treatment plans are based on the strengths, needs, abilities, and preferences of the youth and family. Engaging the family in treatment is critical to successful recovery and healthy functioning of the entire family and community.

Clubhouse staff work closely with Juvenile Courts, Department of Juvenile Justice, Department of Family and Children Services, schools and families to reduce the risks of alcohol or other drug abuse. This program is designed to restore balance to lives impaired by the effects of substance abuse and dependency. Our services are provided daily with weekend and evening hours available.

VOLUNTEER DUTIES CLUBHOUSE - LILBURN

- Participate in group activities with youth such as set up space, arrange, organize research, make packets
- Help youth with crafts or activities
- Assist in planning activities with youth
- Assist in planning trips
- Administrative assistance
- Participate on outings
- Accompany staff during transport of members
- Role model appropriate socialization
- Shadow in 7 Challenges group with staff present
- Assist with upkeep of the Member Board
- Assist with Activity Sign-up Sheet
- Assist with graduation ceremonies
- Assist with "Member of the Month" voting and incentive
- Assist with special activities such as Parent Days, Health Fairs and Mental Health Awareness Programs
- Assist with coordination of youth needs for food, clothing, shelter, education, transportation, employment
- Assist with follow up services related to attendance, appointments, absenteeism, and compliance with Clubhouse resiliency support

2. VIEW POINT HEALTH STRIVE CLUBHOUSE - COVINGTON

The STRIVE Clubhouse is a comprehensive and unique program that provides services to youth and their families coping with mental health challenges. The goal is to improve the youth's ability to manage their mental health symptoms, increase youth and family engagement, increase peer support skills; and decrease isolation and stigma.



The STRIVE Clubhouse members and staff work together each day to perform the jobs of the Clubhouse. Members participate in clinical sessions including group therapy and peer groups, social outings, educational supports, and clubhouse activities.

We can use volunteers at the STRIVE Clubhouse (in Covington) during afternoon hours and weekends. The hours that we work with the members are Mondays-Fridays 2:00 – 8:00 pm, and Saturdays 8:00 am – 3:00 pm.

VOLUNTEER DUTIES STRIVE CLUBHOUSE - COVINGTON

- Participate in group activities with youth such as set up space, arrange, organize research, make packets
- Help youth with crafts or activities
- Assist in planning activities with youth
- Assist in planning trips
- Administrative assistance
- Participate on outings
- Accompany staff during transport of members
- Role model appropriate socialization
- Shadow in 7 Challenges group with staff present
- Assist with upkeep of the Member Board
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- Assist with special activities such as Parent Days, Health Fairs and Mental Health Awareness Programs
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3. VIEW POINT HEALTH COMMUNITY REHABILITATION – LAWRENCEVILLE & COVINGTON

Community Rehabilitation Programs help adults meet their rehabilitation/recovery goals for living in the community.

Beacon Place in Lawrenceville and NewRock serving Conyers & Covington provides Psychosocial Rehabilitation services to support clients with mental illness to manage their symptoms and gain the skills necessary to live as independently as possible in their community.

The Five Points Peer Support Program serves Gwinnett residents and the NewRock Peer Support Program serves Rockdale and Newton residents. These programs provide Peer run groups and activities which support recovery, self-sufficiency, and availability of choice in services and self-advocacy.

Focusing on job skills and rapid job search, the View Point Health Supported Employment Program provides many clients with support as they seek employment. The core principles of the program include zero-exclusion to help any one that wants to work to overcome barriers to employment, focus on the client's job performances and unlimited support through the client's work and recovery journey.

VOLUNTEER DUTIES – COMMUNITY REHABILITATION

- Identifying and cultivating relationships with potential employers and other community resources
- Organizing dress for success clothes closet
- Answer the telephone
- Filing program documents
- Assist staff with organizing group activities, such as set up space or activity, assist with arts/crafts activities
- Research for activities, such as phone calls, reservations and finding resources
- Organizing group/training materials, make packets
- Assist in planning community integration activities, such as phone calls to ask for a group visit to their program/company, etc.
- Volunteers that have a special skill or craft to share, such as fitness instructor, yoga instructor, arts & crafts activities, musicians, actors, etc.

4. VIEW POINT HEALTH OUTPATIENT CENTERS

Lawrenceville



Norcross



Covington



Conyers



View Point Health's Outpatient Centers provide a single point of entry for care where Master's level clinicians determine a person's immediate needs for mental health and substance abuse issues, and offer support, evaluation and referral when appropriate.

Clients receive a full continuum of services including psychiatric treatment, individual, group and family therapy, community support, and on-site pharmacy services.

The main responsibility for the volunteer will be greeting the clients who are coming in and helping guide them to the correct area of the building.

We would like a volunteer 5 days a week if at all possible. It will be during the busy times 9-2 or 9-1.

VOLUNTEER DUTIES – MENTAL HEALTH OUTPATIENT CENTERS

- Greeting Clients, determine the nature of their business and direct them to appropriate staff or department
- Greeting Visitors
- Directing Visitors to appropriate locations
- Assisting visitors in line
- Giving out Resource packets.
- Helping program staff research community resources or create list/database of resources to be used or given to persons served
- Ask Visitors to sign the visitor log
- Make copies and filing
- Arranges brochures, forms, comment cards
- Check copier for paper
- Copy or scan client's ID/driver's license & Insurance cards to **folder only**
- Take phone messages
- Provide general program information to callers
- Retrieve and distribute mail

To inquire about volunteering please email your resume to the Training Coordinator and indicate where you would like to Volunteer:

Debra Hopkins, Training Coordinator
debra.hopkins@vphealth.org

678-209-2361